

925 Gessner
Suite 500
Houston, Texas 77024
713-464-6245

DISCHARGE INSTRUCTIONS FOR DR. MORADI'S PATIENTS:

CRANIOTOMY/CRANIECTOMY



1. Please call the office and make an appointment with Dr. Moradi for 7 days from the date of discharge from the hospital. Staples will be removed at this appointment.
2. Shower and **wash your hair with shampoo** after your discharge. Do not color your hair for 2 months following the surgery. Dr. Moradi will let you know when you can resume hair dying.
3. **No heavy lifting over 5 pounds** for 8-10 weeks.
4. No driving any type of vehicle, until Dr. Moradi gives permission to do so.
5. No vigorous activity, especially heavy exercising/weight lifting.
6. Take your prescribed medications by Dr. Moradi. If medication refills are required, contact your pharmacy and they will call the office on your behalf. If you have a medication reaction, please call Dr. Moradi at the office, (713)-464-6245. The answering service will also reach him.
7. At all times, keep the incision clean and dry. Incision to scalp may be left open to air after Day 1 after surgery. Craniectomy patients may also have an incision on their thigh- continue to keep covered and change dressing daily.
8. **Please call the office if you notice any of the following:** 1) skin color change around the incision, 2) drainage/seepage, 3) fever, 4) fluid collection around the incision site.
9. **No blood thinners** until after the first post-op visit.
10. No elective procedures of any kind while postoperative (10 weeks). This includes dental procedures/cleanings, colonoscopies, etc.

